

HOLIDAY SWIMMING CLASSES

Spring 2018



COURSE TIMES & DATES

Feb 12 th - 15 th	Town Close School	5 days	9.00am - 12.15pm
April 3 rd - 6 th	Hewett School	4 days	9.00am - 11.00am
April 3 rd - 6 th	Town Close	4 days	9.00am - 12:15pm
April 10 th - 13 th	Hewett School	4 days	9.00am - 11.00am
May 30 th - June 2 nd	Hewett School	4 days	9.00am - 11:00am

HEWETT CLASS TIMINGS:

9:00am - 9:30am	Stages 1 & 3
9:30am - 10:00am	Stages 2 & 4
10:00am - 10:30am	Stages 1 & 4
10:30am - 11:00am	Stages 2/3 & Improvers (30 mins)

TOWN CLOSE CLASS TIMINGS:

9:00am - 9:30am	Stages 1 & 3
9:30am - 10:00am	Stages 2 & 4
10:00am - 10:30am	Stages 1 & 3
10:30am - 11:00am	Stages 2 & 4
11:00am - 11:30am	Stages 1 & 3
11:30am - 12:15am	Improvers (45 mins)

LESSONS FOR BEGINNERS & IMPROVERS

These lessons are for children aged 4+. If you are unsure on what stage your child should be placed please contact our team on: norwichpenguinslts@gmail.com.

Improver lessons last **45 mins** Beginner lessons last **30 mins**

4 DAYS

£28 for beginners
£32 for improvers

5 DAYS

£35 for beginners
£40 for improvers

LOCATIONS

Town Close Preparatory School, 14 Ipswich Road, Norwich, NR2 2LR

Please park on the Newmarket Road playground, accessed by the gate just before (or after) the pedestrian crossing. All sessions at Town Close will have an excellent swimmer to teacher ratio as the sessions will be hosting teacher training courses. This is a fantastic opportunity for swimmers attending these sessions.

Hewitt School, Cecil Rd, Norwich NR1 2PL

Drive through gate 4 on Hall Road, NR4 6NF. Park in the first car park in front of you. To the right of this car park is a 6ft wall and in the top corner as you face the school there is a gate by some waste bins. Enter through the gate and turn left, follow the path up the stairs and head towards the building in front of you. Turn left again and continue with the building on your right. When you reach the fields in front of you turn left again and the swimming pool will be in front of you.

CLOTHING

We ask all children to wear a swimming hat and costume/trunks. Arm bands are not required, if your child prefers to wear goggles then please bring them.

CHANGING ROOM FACILITIES

There are changing facilities, we ask that all Dads accompany their child in the male changing rooms and Mums accompany their child in the female changing room.

VIEWING AREA

We are extremely lucky that both pools offers a seating area for all parents to sit and watch their child swim. Please refrain from taking any photographs while you are in the changing and pool area.



APPLICATION FORM



Please complete this electronic form
and email it to norwichpenguinslts@gmail.com

NAME OF CHILD:

DOB:

ADDRESS:

POSTCODE:

CONTACT NAME:

CONTACT NUMBER:

EMAIL ADDRESS:

ANY MEDICAL CONDITIONS:

CLASS TIME:

CLASS STAGE:

I agree to the terms and conditions as
published on this form and on the Norwich
Penguins website:

SIGNED:

Once your application is received, a member of our team
will phone and take a card payment over the phone.

 @NorwichPenguins

 norwichpenguinslts@gmail.com

 01603 463282

 norwichpenguins.co.uk

