

INTENSIVE DAY SWIM COURSE DURING THE SUMMER HOLIDAYS

SPLASHDOWN 2018!

COURSE TIMES & STAGES

09.00 - 09.30	BEGINNERS	STAGES ONE & THREE
09.30 - 10.00	BEGINNERS	STAGES TWO & FOUR
10.00 - 10.30	BEGINNERS	STAGES ONE & THREE
10.30 - 11.00	BEGINNERS	STAGES TWO & FOUR
11.00 - 11.30	BEGINNERS	STAGES ONE & THREE
11.30 - 12.15	IMPROVERS	STAGES FIVE+

LESSONS FOR BEGINNERS & IMPROVERS

These lessons are for children aged 4+. If you are unsure on what stage your child should be placed please contact us on:

norwichpenguinslts@gmail.com

The beginner lessons last 30 minutes and costs **£35.00 for the 5 days.**

The improver lessons last 45 minutes and costs **£40.00 for the 5 days.**

The beginner lessons last 30 minutes and costs **£28.00 for the 4 days.**

Four day courses are only applicable to Hethersett lessons



LOCATIONS

[VIEW LOCATIONS ONLINE](#) >

TOWN CLOSE PREPARATORY SCHOOL

14 IPSWICH ROAD, NORWICH, NR2 2LR

Please park on the Newmarket Road playground, accessed by the gate just before (or after) the pedestrian crossing. All sessions at Town Close will have an excellent swimmer to teacher ratio as the sessions will be hosting teacher training courses. This is a fantastic opportunity for swimmers attending these sessions.

DRAYTON JUNIOR SCHOOL

SCHOOL ROAD, DRAYTON, NR8 6EF

Parking facilities are available on the school grounds. The school pool is located on the right side of the building..

HEARTSEASE PRIMARY ACADEMY

RIDER HAGGARD ROAD, NORWICH, NR7 9UE

The car park is accessed through the main gates on Rider Haggard Road. All patrons using the swimming pool facilities are requested to use only the main school car park. Parking outside the swimming pool, in the school drop-off bay or on the roundabout is not permitted. Disabled parking bays are available outside the swimming pool.

COLMAN JUNIOR SCHOOL

SOUTH PARK AVENUE, NORWICH, NR4 7AU

Turn off the ring road at the Farmhouse pub (South Park Avenue) and enter the car park via the second driveway on the left. Walk to the far end of the car park, turn left and go straight until you see the white building on the right. This is the swimming pool. If the car park is full, there are lay-bys outside.

RECREATION ROAD

22-25 RECREATION ROAD, NORWICH, NR2 3JA

The school doesn't have a car park but parking is available on the Recreation Road. The pool is located on the right hand side of the school grounds close to the road.

HETHERSETT VC JUNIOR SCHOOL

22 QUEEN'S RD, HETHERSETT, NORWICH NR9 3DB

Parking facilities are at the front of the school and the pool is situated to the left of the site as you face the school.

Hethersett courses are four days only.

CLOTHING

We ask all children to wear a swimming hat and costume/trunks. Arm bands are not required, if your child prefers to wear goggles then please bring them.

POOL NOTES

Swim sessions at Town Close run alongside a Level 2 swimming teaching course. Meaning teacher:pupil ratios are excellent. Please refrain from taking any photographs in the pool and changing area.

CHANGING ROOM FACILITIES

There are changing facilities, we ask that all Dads accompany their child in the male changing rooms and Mums accompany their child in the female changing room.

For more details email norwichpenguinslts@gmail.com or visit norwichpenguins.co.uk

PAYMENT METHODS

- 1) Return your completed form and a cheque by post, or
- 2) Return the editable application form on the website by email and our admin team will contact you for payment. Places are sought after so book early. Places are not confirmed until a payment has been received. Places will be confirmed via e mail.

T&C can be found on the website.



APPLICATION FORM



Please complete this electronic form
and email it to norwichpenguinslts@gmail.com

NAME OF CHILD:

DOB:

ADDRESS:

POSTCODE:

CONTACT NAME:

CONTACT NUMBER:

EMAIL ADDRESS:

SWIMMING POOL ATTENDING:

CLASS DATE

CLASS TIME:

CLASS STAGE:

ANY MEDICAL CONDITIONS:

I agree to the terms and conditions as published on this form and on the Norwich Penguins website:

SIGNED:

Once your application is received, we will phone and
take a card payment over the phone.

 @NorwichPenguins

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 norwichpenguinslts@gmail.com

www.norwichpenguins.co.uk



I consent to allow the storage and use of our personal information in Norwich Penguins and City of Norwich Swimming Club for administration of our lessons. Without this permission you will not receive information essential to your lessons and progress.

I consent to receive information from the Norwich Penguins and City of Norwich Swimming club about services we provide via email.